

# ACTIVE HEALTHY KIDS CANADA'S *POSITION ON ACTIVE* VIDEO GAMES



**ACTIVE HEALTHY KIDS CANADA DOES NOT RECOMMEND ACTIVE VIDEO GAMES AS A STRATEGY TO HELP KIDS BE MORE PHYSICALLY ACTIVE.**

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## NEWSLETTER ANNOUNCEMENT

### Active Healthy Kids Canada Position on Active Video Games: No Panacea for Increasing Kids' Physical Activity Levels

On November 26<sup>th</sup> Active Healthy Kids Canada released their position on active video games, based on a comprehensive scientific review of 1367 research papers on the subject by an international panel of experts. Anchored in the findings of the study, Active Healthy Kids Canada takes a position and **does not recommend active video games as a strategy to increase kids' physical activity levels.**

To read the full [position](#), including key findings of the research which support it, and to download communications tools to help you pass along the position to friends and colleagues, go to [www.activehealthykids.ca](http://www.activehealthykids.ca)